DELIVERY ROOM STABILIZATION

MS ALLEN NDAGANO ENROLLED MIDWIFE

OBJECTIVES

- Assessment / and identification of risk prior, during and after delivery(babies that need resuscitation)
- Preparation to receive/ setting up delivery room(equipment check, what to do with equipment)
- Stabilization of newborn(preterm and birth asphyxia) and after stabilization
- Assessment points for PPV, and what next after
- Transportation inter-facility and intra-facility (transportation devices and ambulance)
- Communication (between teams and parents)

Assessment and Identification of risk prior or during delivery

- Approximately 10% of newborns need some assistance to breathe at birth
- Babies needing resuscitation often exhibit
- 1. A lack of breathing
- 2. Absent heartbeat
- 3. Poor muscle tone
- 4. Abnormal skin color
- 5. Preterm
- 6. Meconium stained liquor

PREPARATION TO RECEIVE OR SETUP DELIVERY ROOM

- BEFORE EACH DELIVERY WE MUST ENSURE THAT THE FOLLOWING EQUIPMENT ARE AVAILABLE AND FUNCTIONAL
- SOME OF THE EQUIPMENT INCLUDE;
- RADIANT WARMER- TO KEEP BABY WARM
- 1. BULB SYRINGE/ PENGUIN SUCKER- TO SUCK SECRETIONS
- 2. PULSE OXIMETER
- 3. STETHOSCOPE
- 4. AMBUBAG
- 5. MASKS(PRETERMS AND TERM BABIES)
- 6. OXYGEN CYLINDER
- 7. Laryngoscope
- 8. Warmilu
- 9. Polythene bags





STABILIZATION OF NEWBORN(PRETERM AND BIRTH ASPHYXIA) AND AFTER STABILIZATION

- Stabilization involves immediate interventions to;
- a) Support breathing
- b) Heart function
- c) Temperature regulation

INITIAL STABILIZATION(FIRST MINUTE

- i. WARMTH
- ii. AIRWAY
- iii. BREATHING
- iv. CIRCULATION
- v. UMBLICAL CORD CLAMPING
- vi. MONITORING

ASSESSMENT POINTS FOR PPV AND WHAT NEXT AFTER

PPV in neonatal resuscitation requires ongoing assessment of several key points. The most important indicator of successful PPV is a rising heart rate.

And other key assessment points include;

- a. Breathing effort
- b. Chest wall movement
- c. Skin color

TRANSPORTATION INTRAFACILITY AND INTERFACILITY

OBJECTIVES

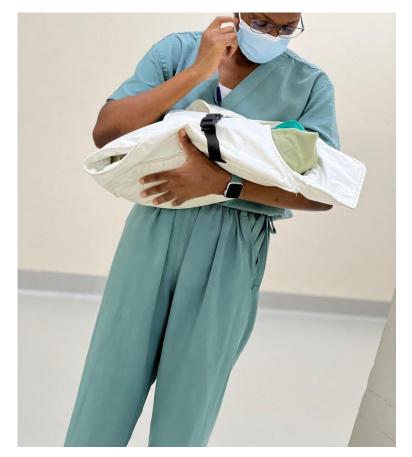
Maintain airway, breathing, circulation, prevent deterioration, ensure monitoring, safe handover

INTER-FACILITY; transport team, oxygen/ventilation, continuous monitoring

INTRA-FACILITY; WARMTH, AIRWAY, MONITORING, TRAINED STAFF









COMMUNICATION BETWEEN PARENTS AND TEAMS

- Ensure to inform NICU OR NURSERY(BABY UNIT) respectively if necessary
- Inform parents on baby's condition

